



Sunbury Amateur Swimming Club

Term 1, 2014 Newsletter

Presidents Report 2014

Hello every one welcome back to another year of swimming and fun at SASC.

I hope everyone has had an enjoyable break and its ready to get back in the pool and get swimming.

I would like to thank everyone involved in the break up we had at the end of last year. It was the first one in the clubrooms for some time and it went well, the night was a great success.

This time of the year is a good time for swimming as the weather is great so makes easier to drag yourself down to the pool. I would like to ask all the people involved with the club to invite as many kids, teenagers and adults that they know, that are keen swimmers, down to swimming and try to get the club to grow and continue to do well. We would like to welcome many new swimmers to the club this year and need the support from everyone to help make this happen.

With the upcoming school swimming carnivals due over the first term I am looking forward to our kids training and doing well at these events.

I would like to thank the committee that donate their time and effort into running the club, it is a voluntary position and comes with a requirement of time and effort but they do a great job and without them the club cannot operate.

I would like to welcome Karen our coach back for another great year and thank her for recruiting additional coaches so our swimmers can continue their training without interruptions. I would also like to take this opportunity to wish her a successful and speedy recovery from illness.

The kids swimming is improving and the swimmers doing the long and short course swims on Sunday afternoons and Friday nights have seen great improvements in their times and for the new swimmers great first times on their initial swim.

For those swimmers who just enjoy coming along to training and pushing out laps and trying to improve I hope you continue to come along and enjoy yourselves and get better over time.

Lastly but not least I would like to thank you the parents and swimmers who make up our club, without you and your efforts we would not have a club. Your efforts and time is greatly appreciated and I look forward to more swimming with you throughout the coming year.

Regards

Vaughan Manders
President Sunbury Amateur Swimming Club

[home.vicnet.net.au/~SASC/
sunbury.amateur.swimclub@gmail.com](http://home.vicnet.net.au/~SASC/sunbury.amateur.swimclub@gmail.com)

Training Times

Monday 6.00-7.30am
Wednesday 6.30-8.00pm
Thursday 6.00-7.30am
Friday 7.00-8.30pm

CONTACT LIST Committee 2013/2014

CLUB PRESIDENT

Vaughan Manders

Email: vaughan.manders@visy.com.au

VICE PRESIDENT

Brandon Ziervogal

Email: dziervogel@bigpond.com

TREASURER

Danielle Ziervogal

Email: dziervogel@bigpond.com

SECRETARY

Michelle Olson

Email: mdolson@bigpond.com

CLUB COACH: Karen Garrard

2013/14 CLUB CAPTAINS:

Mackenzie P, Matthew U, Caitlyn G, Abbey H

COMPETITIONS/CLUB NIGHTS

Darren Woodvine

Email: sunbury.amateur.swimclub@gmail.com

UNIFORMS:

Annette Hooper

Phone: 0403 026 110

GENERAL COMMITTEE

Diane Doody

Annette Hooper

Darren Woodvine

Anita Santic

Pay Fees by:

Bank deposit

Sunbury Amateur Swimming Club

Westpac a/c No. 132 173

BSB 033-118

Please place swimmer's name in transaction details

Post to

Sunbury Amateur Swimming Club Inc.

P.O. Box 400

Sunbury 3429

Cheques made payable to

Sunbury Amateur Swimming Club

COMMITTEE MEETING:

Third Friday of the Month. Everyone Welcome

Next Meeting @ Club Rooms

Monday 21st February 2014, 7.00pm

2014 State School Term Dates

Term 1 - 28 January - 4 April

Term 2 - 22 April - 27 June

Term 3 - 14 July - 19 September

Term 4 - 6 October - 19 December

Coaches Report

TERM 1, 2014.

Welcome to everyone, I hope you had a great holiday,

First some results from the holidays. Ronan and Alex attended the meet at Geelong, both boys doing PBs and Ronan collecting a medal, well done to both boys and parents for making it through the 40 degree day.

Next Kristen and Alex did us proud by representing our club at the "Open State Championships". What a fantastic effort to qualify for this event.

This term for the first couple of weeks, I will be away, so 3 new coaches will be taking the squads, Bob Clements in the morning, Wednesday is Debbie and Friday is Stuart who you all know.

Work well for them and I will see you when I return.

Also don't forget club Long course Championship's are this term, good luck to everyone and also those of you who are competing in school sports, swim fast.

Have a good term; see you when I get back

Karen. 

Swimming Fees –Term 1

Please note:

The following are the dates for training and fees associated with dates.

Please advise the committee as soon as possible what day or days your child or children will be training.

An Invoice will then be issued for payment.

Payments can be made payable directly to the clubs account as per page 1 of this newsletter.

Please insure that you place the swimmer's name in the transaction details.

A follow up email to the treasurer would be appreciated if you are able to do so.

Once the treasurer is aware of your payment you will receive a Receipt. If you do not receive a receipt of payment please chase up on swim nights. There will be a member of the committee available on Wednesday and Friday Nights.

Days	No of session in the term	COST FOR TERM 4
Monday 6.00- 7.30am	8	\$80
Wednesday 6.30 – 8pm	9	\$90
Thursday 6.00 – 7.30am	9	\$90
Friday 7.00 – 8.30pm	7	\$70
<i>Come and try welcome Friday night only</i>		

Please note :

- 1 session deducted off Monday Mornings for Labour Day 10/03/2014

- 2 sessions deducted off Friday night sessions (Club Nights 28/02/2014 & 14/03/2014)

FRIENDLY REMINDER

Swimming Victoria Annual Membership Fees were due 1st May 2013 Pay Swimming Victoria Directly

SV Membership Fees 2013/14 are for 14 months (includes 2 months pro rata)

(SV Annual Membership 2014/2015 will be from July -June)

Membership Type	Description	Cost	Pro rata	Total
Swimmer	Any member who competes in organised competition within or outside club (e.g. Interclub, district, state, national competitions) (includes SAL capitation fee \$23.00)	\$97.50	16.30	\$113.80
Non-Swimmer	Any member who does not fall into the Swimmer, Recreational Swimmer, Registered Official or Life Member categories e.g. Committee members, parents, coaches, etc. These members 'do not get wet'.	\$26.00	4.30	\$30.30
Recreational Swimmer	Any member participating in Learn to Swim or squad training with an affiliated Club but do not compete in organised competitions outside the club structure, this is a member that 'gets wet'.(included SAL capitation fee \$23.00)	\$70.00	11.60	\$81.60

Payment of Fees

If unsure of the amount owing please contact Danielle Ziervogel - Treasurer, at dziervogel@bigpond.com

It is preferred that payments are made by direct deposit into the club's account at Westpac: BSB: 033-118, Account Number: 132 173 Sunbury Amateur Swimming Club.

Please ensure that you note the *swimmer's surname and dates in the transaction details* so we can identify who made the payment, or email Danielle Ziervogel with details, a receipt can be forwarded at your request.

UNIFORMS

You will notice some of our swimmer looking great in the new club Jackets and Hoodies.

If you would like to order one of these or purchase any of our regular items please see Annette Hooper at training or phone her on 0403 026 110 with any enquires you may have.

(If you are unsure of sizing you can go to One Stop Embroidery, Shop 7 Evans St Arcade Sunbury and try on sizes, then place your order through the club)

Hoodie -fleece	\$50
Zip Up Hoodie - fleece	\$50
Polo Shirt – breathable fabric	\$40

**Please note: Uniform Regulations Apply to competitions, external and normal club meets, club bathers, club swimming cap and T-Shirt/Polo Shirt must be worn.*

Hoodies and Zip Up Jacket optional.



CHOCOLATES

THANK YOU to everyone who has already sold all their chocolates.
If you have not as yet sold all your chocolates, please return the money you have sold and the chocolates remaining as soon as possible.
If you wish to take more chocolates to sell contact Annette, Anita, Diane or Sandra.



TERM 1 - 2014 CLUB TRAINING & EVENTS

Week	Monday	Wednesday	Thursday	Friday	Sunday
1	3rd February 6.00 – 7.30am Training	5th February 6:30 - 8:00pm Training	6th February 6.00 - 7:30am Training	7th February 7.00 - 8:30pm Training	
2	10th February 6.00 – 7.30am Training	12th February 6:30 - 8:00pm Training	13th February 6.00 - 7:30am Training	14th February 7.00 - 8:30pm Training Valentine's Day	
3	17th February 6.00 – 7.30am Training	19th February 6:30 - 8:00pm Training	20th February 6.00 - 7:30am Training	21st February 7.00 - 8:30pm Committee Meeting 7pm	
4	24th February 6.00 – 7.30am Training	26th February 6:30 - 8:00pm Training	27th February 6:00 – 7.30am Training	28th February 6:45pm Long Course Championships * No Training *	2nd March 4:45pm Long Course Championships Club BBQ After Course
5	3rd March 6.00 – 7.30am Training	5th March 6:30 - 8:00pm Training	6th March 6.00 - 7:30am Training	7th March 7.00 - 8:30pm Training	
6	10th March Labour Day * No Training *	12th March 6:30 - 8:00pm Training	13th March 6.00 - 7:30am Training	14th March 6:45pm Long Course Championships * No Training *	16th March 4:45pm Long Course Championships
7	17th March 6.00 – 7.30am Training	19th March 6:30 - 8:00pm Training	20th March 6.00 - 7:30am Training	21st March 7.00 - 8:30pm Training Committee Meeting 7pm	
8	24th March 6.00 – 7.30am Training	26th March 6:30 - 8:00pm Training	27th March 6.00 - 7:30am Training	28th March 7.00 - 8:30pm Training	30th March 4:45pm Long Course Championships
9	31st March 6.00 – 7.30am Training	2nd April 6:30 - 8:00pm Training	3rd April 6.00 - 7:30am Training	4th April 7.00 - 8:30pm Training School Term Ends	6th April Day Light Savings Ends



SUNBURY AMATEUR SWIMMING CLUB INC.

2014 LONG COURSE CLUB CHAMPIONSHIPS

Held over 5 sessions

- Session 1: Friday 28th February 6.45pm**
- Session 2: Sunday 2nd March 4.45pm**
- Session 3: Friday 14th March 6.45pm**
- Session 4: Sunday 16th March 4.45pm**
- Session 5: Sunday 30th March 4.45pm**

SWIMMERS NAME: _____ **AGE AS AT 28/02/14:** _____

Event No	Date	Stroke	Distance	AGE	Tick If Swimming
SESSION 1 - 6.45pm Friday 28 February					
1	28/02	Individual Medley	400	Open	
2	28/02	Freestyle	200	Open	
3	28/02	Back	100	Age	
4	28/02	Butterfly	50	Age	
SESSION 2 - 4.45pm Sunday 2 March					
5	02/03	Back	200	Open	
6	14/03	Breast	100	Age	
7	02/03	Freestyle	100	Age	
8	02/03	Butterfly	200	Open	
SESSION 3 - 6.45pm Friday 14 March					
9	14/03	Individual Medley	200	Open	
10	14/03	Freestyle	50	Age	
11	14/03	Back	50	Age	
12	14/03	Freestyle	400	Open	
SESSION 4 - 4:45pm Sunday 16 March					
13	28/02	Breast	50	Age	
14	16/03	Butterfly	100	Age	
15	16/03	Freestyle	800	Open	
SESSION 5 - 4.45pm Sunday 30 March					
16	02/03	Breast	200	Open	
17	30/03	Freestyle	1500	Open	

ENTRY FEE: \$8 PER EVENT UP TO 7 EVENTS, \$56 FOR 8 OR MORE EVENTS.

Cheques to be made payable to Sunbury Amateur Swimming Club Inc or deposited into Club bank account.

CLOSING DATE: ALL ENTRIES MUST BE SUBMITTED TO Sunbury Amateur Swimming club email BY FRIDAY 14th February, 2014.

sunbury.amateur.swimclub@gmail.com

NO LATE ENTRIES WILL BE ACCEPTED