



AGM Coaches Report

2012/2013

Sunbury swimming Club, what a year we have had.

Success finally in the pool alongside other little wins along the way, the ultimate result being a swimmer finally for the first time in a long while, representing our club, Sunbury, as well as Victoria in the National Schools Championships to be held in South Australia, later on this year in September. Congratulations Kristen Wright.

So I will recap the year as it was: settle back for the ride we have all been on.

WE RETURNED FINALLY TO THE COMPETITION POOL!!!!!!

Our club returned to our first encouragement meet at Wyndham for the Werribee meet in Term 3 2012, with parents as our supporters, and very eager but nervous swimmers, we had a happy little group, led by Club Captains Liam and Isabelle, with James, Mathew, Laughlan, Gillian, Olivia. PB's were obtained, parents sat nervously by the pool as our swimmers did us proud. Well done team.

- Inspired by this, Liam went on to race at the December Competitions aiming for the State Age swimming Championships' at MSAC, supported by his merry band of supporters, who cheered him on.
- Brandon and Laughlin competed once again in the Pier to Pub swim, bragging rights to??
- Long Course Competitions were swum during first term, well done to all, winners of this will find out their long awaited results tonight
- Lifeguard and enthusiastic supporter/member Darren even got a pair of boardies from lost property to race in the blue ribbon event 50m freestyle, not sure who won that one, but the kids cheered all on, it was Darren Vs Darren! Excellent race, both ended up exhausted!
- So proud of all swimmers who took to the pool over the 5 nights, well done, so many good swims and PBs set, finally training was paying off
- Many club swimmers swam at the school competitions, well done to all, it is so hard to succeed at these events
- Next and the most quiet achiever of all, is Kristen Wright who swam at the State School Sport Victoria Competitions in March, winning her events, gaining selection to represent our club, and Victoria as I said before at the National Schools Championships' in South Australia. We will follow her progress as it happens, as it will be live streamed during the event. Our last representative in this event was Ashleigh McConnell about 5 years ago, and prior to that, Samantha Hamell, who as some of you might know, went on to swim at the Olympic Games! Hard work does have its benefits.
- Our club also had the opportunity to try for proficiency awards, at Metro west in November, the following swimmers achieved these.
 - Allison Achter
 - Emily Achter
 - Matthew Urbaniak

More opportunities for these special awards will continue during the year.

- Kick board Challenge was run and won by Rachael White, congratulations
- Summer holiday free clinics were also extremely successful; these were free and open to all members and siblings. Well done to all those who attended, the results have paid off by the multiple PBs and general skill/stroke development displayed at training and at competitions. Remember to thank your parents for their time spent at the pool, during theirs and your holidays.
- More clinics will be offered due to the over whelming success
- Sunday night club night numbers are improving, a great place to begin racing, thanks to all who help out on these nights, special thanks to Peter and Dianne who make these nights possible with the Meet Manager program. To the new people learning the ropes, I thank you.
- Club captains were selected for the season, Liam Hooper, McKenzie Pettit/ Matthew Urbaniak, Isabelle Manders and Rachel Doody. Thanks all for your hard work, in and out on pool deck
- This season's captains are yet to be decided, so stay tuned.

SUNBURY AMATEUR SWIMMING CLUB



TRAINING this past season has been going well; our parental group is still swimming strong, well done team, led of course by Darren and his merry band. Morning training is still going well; we swam outside in summer, braved the colder water and did well. When the time was right we transitioned back inside, to the warmer water. All are welcome to attend these sessions. Wednesday and Friday nights are still popular as ever.

Our committee has also been hard at work behind the scenes as well. Bunning's has been a big fundraiser, along with chocolate drives, shopping tour and other things.

Finally I would like to thank all that have made this another successful year. If I have forgotten to thank any one, I am sorry, my memory is poor, just ask the swimmers....they will testify to that!

We have all worked hard to provide a happy fun club, I have gone on to train in Open Water for any swimmers who would like to take up that opportunity, there are so many pool meets to pick and choose from, it would be great to see some more swimmers take up the opportunity to do so.

To our Life Members, current committee, parents and swimmers, we have come such a long way this year. As you can see we have been busy, I plan to continue to coach to provide opportunities for all.

The season ahead will hopefully give us more success in the pool, I am certain of this, if my supply of chocolate, lollypops and rewards are an indication.

As I sign off, be aware, Darren Woodvine is looking for a couple more swimmers to attend interclub. This will mark the beginning of a long tradition once held in high regard by the club, as we raced in "A Grade", (a few years ago) with the best of the clubs. With Darren in charge of this, let the dream begin.....

Karen Garrard
Head Swimming Coach