

COACHES REPORT 2013-2014

What a fantastic start to the season we have this year. I will be brief and just point out what a small club can achieve.

It has been an interesting season with numbers fluctuating due to a variety of reasons, so I thank all those of you who have stuck by our club and will continue on into the next exciting phase of our club. Thank you to a variety of people who have got us through the season, without you, and all the fundraising and things people do behind the scenes, etc, we would not be still here today. Thank you to all who assisted and still are, driving me to and from swimming, thank you. Term 1 this year saw 3 coaches from our past, Bob, Debbie and Stuart took the squad for me whilst I was in hospital. It was great to have these coaches back in our club again.

- Kristen and Alex competed in the 2014 Victorian State Open Championships and represented our club with pride and honour
- Kristen went on to gain selection on Team Vic for 2014, congratulations to her as she competes in July 2014
- Our club had both Long and Short course championships which saw many swimmers do big PB's and enjoy the interesting weather we had outside, a big thank you to all who helped make these days a success
- Club captains were selected, Mackenzie, Caitlyn, Abbey and Mathew, well done and thanks for your work assisting me in class, especially Mathew.
- Ronan continued alongside Ethan, Darren, Julianne and Alex to travel to other meets at other venues for competition, well done
- Congratulations to all who competed at their school events and had a good time
- Morning training is still continuing along with our 2 nights, numbers are slowly growing again
- Friday night has finally been split into workable sessions, providing equal amounts of coaching, proving we at Sunbury Swimming Club, can be adaptable and cater for all swimmers, for fun and fitness and for those who seek competition. I hope this next coming season; we will see an increase in competitors at swimming meets, to put our club back on the competition map.

A final BIG personal thank you to all for your hard work this past season, swimmers and parents and all those people who have just made everything happen, and I look forward to seeing what the next one brings. If the new committee is anything to go by, we are in for a great new season!

Karen Garrard: Coach, Sunbury Amateur Swimming Club 2014.